



Dear \_\_\_\_\_

Will you please consider sponsoring a program that has a mission that is close to home for my family and me?

Miles for Migraine is a non-profit organization whose mission is to improve the lives of patients with migraine, and their families, and ultimately to help find a cure. Migraine is not "just a headache", but a serious neurological disease which the WHO ranks among the top 20 causes in the world of years of healthy life lost to disability. With acute attacks ranging from mild to severely debilitating, migraine can over time, become progressive in both frequency and severity and has the potential to become a chronic condition with significant disability. In a 2004 report the WHO classified severe migraine in the highest category of disability along with quadriplegia and terminal stage cancer. Whatever the level of severity I can unfortunately tell you from personal experience that migraine profoundly impacts a person's life, self-esteem, family and livelihood.

Miles for Migraine produces a 5K/10K run and 2-Mile walk in the San Francisco Bay Area since 2008 to raise awareness and funding toward the severity of migraine. They are looking to expand their Race Series across the U.S. and I am participating in the San Francisco Marathon on July 31, 2016.

For more information about Miles for Migraine you can visit [www.milesformigraine.com](http://www.milesformigraine.com).

Miles for Migraine's nonprofit tax ID is 01-0910791 and they produce one of the only migraine related runs in the United States. Please help us spread the message that migraine is not "*just a headache*".

Many thanks for your support.

Regards,

Miles for Migraine Walk/Run Participant

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Tax ID 01-0910791